# THE People's Health Clinic

### *Here, We Care Aquí nos importa*

Caring For Our Community's Uninsured ANN

**ANNUAL REPORT** 

## A Letter from our CEO

I want to express my heartfelt gratitude for the incredible support that the People's Health Clinic has received from all of you. It's truly inspiring to witness the community coming together to care for one another. Over the past three years, we've learned that our personal well-being is intricately linked to the health of our entire community. The COVID-19 pandemic starkly revealed the inequalities we have in local healthcare access, and the devastating impact of poverty on our most vulnerable neighbors.

At the People's Health Clinic, most of our patients live below the Federal Poverty Level, surviving on less than \$14,580 per year for a single adult. We witness firsthand how poverty contributes to preventable conditions like diabetes, heart disease, and mental illness among our patients. Our dedicated staff is tirelessly working to help them overcome the obstacles that lead to these health disparities in our town.

Our goal is to ensure that every individual, regardless of their circumstances, has access to high-quality healthcare. In collaboration with Intermountain Health and the University of Utah School of Medicine, we are actively establishing a model integrated healthcare network. We understand that the strength of our partnerships directly influences the wellbeing of our most impoverished community members, and we are committed to preventing uninsured families from falling through the cracks.

But, we can't do it alone. We need you, our community members, to recognize the vital role you play in this healthcare collaboration. Your support is instrumental in ensuring that all our neighbors receive the essential services necessary to break the cycle of poverty. Together, we can build a healthier community for everyone.

Thank you for your partnership,

Mairi

MAIRI G. LEINING, MD, MPH, FACP Chief Executive Officer The People's Health Clinic



Scan QR code to view video

# Thanks To Our Leadership Team

### **OUR BOARD OF TRUSTEES**

Julie Bartlett, Secretary **Rick Bleil Phil Bondurant Alvse Forcellina** Keri Gardner, CMO Margo Georgiadis, Vice Chair Rich Gershen, Treasurer John Hanrahan **Mary Carole Harrison** Yuri Jenson Mairi Leining, CEO **Deann Morgan Stacey Rauch** Jeff Schiff Betsy Wallace, Chair Lori Weston

### TRAINING THE NEXT GENERATION

At the People's Health Clinic, we believe in training the next generation of medical providers, who will care for the underserved. Our staff members have been accepted to MD, PA, and NP programs in Utah and throughout the country, and we have an Employee Scholarship Fund dedicated to helping our employees from diverse backgrounds advance in their careers. In 2023, we became a teaching site for the University of Utah School of Medicine Student-Led Clinic. Every Friday we welcome University faculty and students to help care for our patients.

### **OUR STAFF MEMBERS**

Stephane Alvarez, Medical Assistant Tania Bodnar, MD, Women's Health Medical Director Linsey Broadbent, DNP, Mental Health Program Director Marcela Ceballos, Medical Assistant Nina Chartrand, Chief Accounting Officer Yomira Diaz, Case Manager Rachelle Flinn, PA-C, Assistant Medical Director Patty Garcia, Patient Access Director Keri Gardner, MD, MPH, Chief Medical Officer Dalia Gonzalez, Operations Director Settie Harrison, Latent Tuberculosis Program Manager Christian Holt, Medical Assistant Elizabeth Jacobsen, NP, MPH, Women's Health Assistant Medical Director Mairi Leining, MD, MPH, Chief Executive Officer **Tristan Lubina**, DNP, Hypertension Program Director Jenn Marley, Chief Development Officer Sean McNamara, MD, Family Practice Physician Amilleli Morales, Lead Patient Intake Specialist Yessenia Najera, Patient Intake Specialist Stephanie Santana, Mental Health Program Coordinator Joana Saucedo, Community Health Worker Sarah Thompson, MPH, AmeriCorps Volunteer Steve Quezada, Clinical Operations Coordinator



## Our Patients

At the People's Health Clinic, our patients come from all over the world to work in the tourism industry. They have survived terrifying journeys across multiple borders to escape extreme violence. The majority live in poverty and struggle with food insecurity, language barriers, low health literacy, overcrowded living conditions, workplace exploitation, and history of immigration trauma. These socioeconomic factors negatively impact their health, and many suffer from preventable diseases. Because of their residency status, they are not eligible for Medicaid.



#### **CAROLINA'S STORY**

"He salido de mi país por conflictos políticos que han puesto mi vida en riesgo y he buscado refugio aquí en la casa de ustedes. Me siento bendecida por llegar a Park City y conocer esta clínica tan maravillosa. Que aunque ustedes no sean pacientes, somos muchos quienes agradecemos al excelente equipo de la clínica y los recursos que nos ofrecen."

"I left my country because of political conflict that was threatening my life. I have sought refuge here in your home. I feel blessed to be in Park City and to be a patient at the clinic. Although maybe none of you are clinic patients, there are so many of us in this community that are thankful for the excellent clinic staff and resources."

~ Carolina

#### **BENANCIO'S STORY**

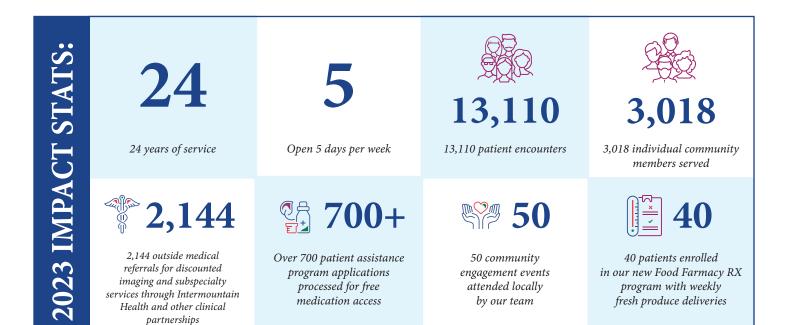
"Si no fuese por la Clínica de la Gente yo habría perdido mi pie por una infección. Gracias a Dios pudieron salvar mi pie. Si hubiese estado en México me habrían cortado mi pie. Es un milagro tener mi pie todavía."

"If it weren't for the People's Health Clinic, I would have lost my foot to infection. Thank God they were able to save my foot. If I were in Mexico, they would have cut my foot off. Still having my foot is a miracle."

~Benancio

# **Our** Impact

The People's Health Clinic is a nonprofit, non-federally funded, no-cost clinic that provides comprehensive healthcare to the uninsured residents of Summit and Wasatch Counties. We serve as an essential safety net for our patients. Our mission is to ensure that all our community members, regardless of financial or legal status, have access to high-quality healthcare.



### SERVICES PROVIDED AT OUR CLINIC INCLUDE:



Additional specialty programs include the Food Farmacy RX, Hypertension, Laboratory Services, Latent Tuberculosis, Obstetrics, Vaccines for Children

#### **EMMA'S STORY**

"El doctor Lubina me pregunto durante mi visita si he tenido algún trauma y tomo el tiempo de escuchar mi historia y lloro conmigo. Agradezco que en la Clínica de la Gente haya recursos para personas como nosotros que hemos experimentado algún trauma."

"Dr. Lubina asked me during our visit if I had experienced any trauma, and he took the time to listen to my story and cried with me. I appreciate that at the People's Health Clinic, there are resources available for people like us who have experienced trauma."

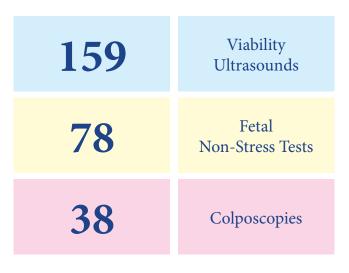
~Emma

## Our Women's Health Program

We provide comprehensive outpatient obstetric and gynecological care services including:

- Prenatal Care: viability imaging, aneuploidy screening, coordination of delivery planning
- Cervical Cancer Screening: diagnostic procedures
- HPV vaccination
- Breast Cancer Screening: self-breast care education, clinical breast exams, referrals for mammograms
- Contraception Management: same-day consultation and implementation, pregnancy tests, emergency contraception
- Sexually Transmitted Infections: screening, treatment, education, prevention efforts
- Diagnosis and Management for dysfunctional uterine bleeding and pelvic pain
- Lactation Education in collaboration with certified IBCLC nurses

### Women's Health 2023 Stats:

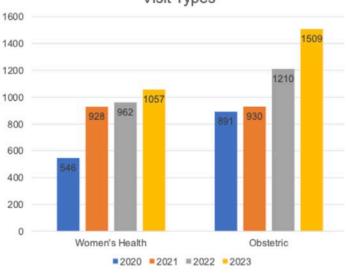




### Thank you Intermountain Health for providing us with talented nurse midwives.



#### Members of our Women's Health Team

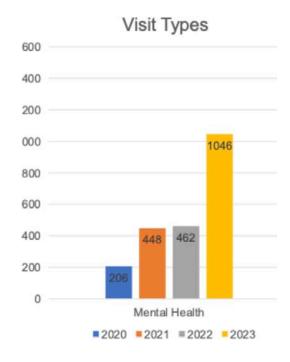


Visit Types

# Our Mental Health Program

Services include specialized therapy and medication management for:

- Anxiety and Mood Disorders
- Trauma- including Human Trafficking and Immigration Trauma
- Attention-Deficit/Hyperactivity Disorder
- Addiction
- Family and Relationship Counseling
- And more...





**Linsey Broadbent, DNP**, Mental Health Program Director and **Stephanie Santana**, Mental Health Program Coordinator

"One of our patients has been working very hard on addiction issues. They have had to dig deep and process unimaginable trauma to understand where this need originated. They have lost friends and family members in pursuit of health, but have gained a truer sense of self, sobriety, and peace for the first time in many decades. In this role, I am continually amazed by the resilience of the human spirit."

Linsey Broadbent, DNP

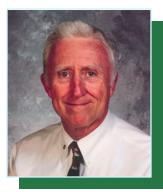




Thank you to our nonprofit partners, Holy Cross Ministries and Latino Behavioral Health Services, for providing us with incredible therapists.

# Our Volunteer Provider Highlights

At the People's Health Clinic, our volunteer providers are exceptional! They have trained at top programs throughout the US, and served as leaders running prominent academic departments and national healthcare organizations.



### Hamilton Easter, MD, PhD: Orthopedic Surgery

Dr. Easter practiced orthopedic surgery in Dover, Delaware until his retirement in 2012. He has been a member of the Park City National Ski Patrol, and volunteered at the Summit County Vaccine Clinic. He enjoys skiing, hiking, and riding his bicycle. He has even cycled across the entire country from the Oregon coast to the Delaware coast. He enjoys providing orthopedic care to the clients at the People's Health Clinic and is starting his 10th year of volunteer service!

- 9 years of volunteer service
- PhD in Biochemistry, Johns Hopkins
- MD, UTMB Galveston
- Orthopedic Residency, University of Pennsylvania

### Ben Zaniello, MD, MPH: Infectious Disease

Dr. Zaniello is a physician executive, technologist, and practicing Infectious Disease doctor focused on healthcare innovation across the care continuum. He has had prominent executive and advisory roles across healthcare—from large health systems to small start-ups— helping them navigate the complexity of healthcare. He is the current CMO for Best Buy. When not focusing on the healthcare triple aim of better access, higher quality, and lower cost, Dr. Zaniello is focused on the paternal triple aim of sibling conflict reduction, pediatric iPad removal, and sleep optimization.

- 5 years of volunteer service
- MD, University of Kentucky
- Internal Medicine Residency, Weill Cornell Medical Center
- Infectious Disease Fellowship/MPH, University of Washington





### Joop Grevelink, MD, PhD: Dermatology

Dr. Grevelink practiced dermatology in Boston for 36 years in affiliation with Massachusetts General Hospital. He established the first dermatology laser center of its kind in the US. Prior to residency, Joop did postdoctoral work at the University of Utah in the Division of Artificial Organs. Since then, he has had Utah on his mind and recently retired here with his wife. Joop is an avid speed skater, bicyclist, and golfer, and he just added Deer Valley Ski Instructor to his impressive resume!

- 1 year of volunteer service
- MD/PhD, Leiden University, Netherlands
- Dermatology residency, Harvard Medical School

## Our 2023 Volunteer Providers

"The People's Health Clinic is a unique and wonderful place to practice medicine and to receive care. As our volunteer providers know, the clinic staff are always warm and grateful for the expertise that the volunteers provide, and the patients know how fortunate they are to have access to these experts in their field of medicine.

One of the amazing things about the People's Health Clinic is the delivery of wraparound care services. Our patients receive no-cost diagnostic studies and consultations with the outstanding area specialists through the generosity of Intermountain Health. The benefit to having such a comprehensive care system is that our patients receive primary preventative care to help them stay healthy and diagnose diseases earlier, as well as chronic disease management.

The People's Health Clinic, and I as the CMO, are proud to serve the people who serve us in Summit and Wasatch Counties—whether they work as cooks and waitstaff in restaurants, as landscapers and snow removers, or as housekeepers or hotel employees. We, too, are here to serve."

#### Keri Gardner, MD, MPH, FACEP



Mary Carole Harrison, MD Volunteer Pediatrician and Board Member



Keri Gardner, MD, MPH FACEP, Chief Medical Officer, People's Health Clinic Emergency Department Physician, Intermountain Health, Park City

Kathryn Arbabi, MD Steve Call, MD Krista Clark, PT Robyn Cohen, MD Paul Collins, MD Michael Darder, MD Hamilton Easter, MD, PhD **Chuck Emerson**, PA-C Keri Gardner, MD, MPH Mark Goldfarb, MD Joop Grevelink, MD, PhD Mary Carole Harrison, MD Elizabeth Jacobsen, NP, MPH Marissa LaRochelle, MD Larry Lieber, MD Merrill Lewen, MD Jenny Makosky, MD Rich Martini, MD Mary Parsons, MD Kate Puttgen, MD Jamie Rubin, MD Jeff Schiff, MD, MBA Kathleen Thomas, NP George Tsatsos, DPM Jessica Volz, DPT Ben Zaniello, MD, MPH

# **Our** Awards

- The People's Health Clinic was selected as one of **Utah's 100 Companies Championing Women** by the Governor's Office of Economic Opportunity and the Utah Women & Leadership Project at Utah State University. The award commends companies that create an environment of equity and inclusion for women in Utah.
- Award-winning Hypertension Program led by Director, Tristan Lubina, DNP:
  - Target: BP Gold+ Achievement Level from the American Heart Association and the American Medical Association - The People's Health Clinic achieved an exceptional 70% or greater blood pressure control rate among our adult patient population.
  - **Platinum Designation Level** from the Utah Million Hearts Coalition - The People's Health Clinic was 1 of 2 clinics out of 117 applicants in Utah to achieve this status in 2023!
- 2023 Humanitarian PA of the Year was awarded to Assistant Medical Director, Rachelle Flinn, PA-C, by the Utah Academy of Physician Assistants.
- 2023 COPIC Humanitarian Award was presented to CEO, Mairi Leining, MD, MPH, at the annual Utah Medical Association House of Delegates. Dr. Leining also received the 2023 Volunteerism & Community Service Award from the American College of Physicians, Utah Chapter.
- 2023 Silver Syringe Award was awarded to Medical Assistant, Olivia Guidotti, by the Utah Department of Health & Human Services for being an Exceptional Immunization Medical Assistant.







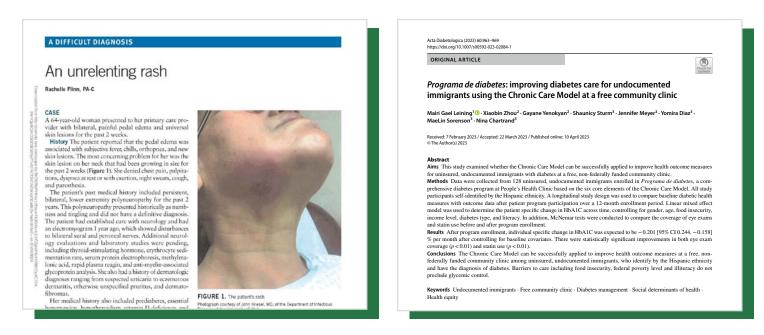
Rachelle Flinn, PA-C



Mairi G. Leining, MD, MPH, FACP

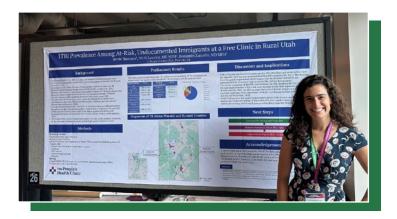
# **Our** Research

At the People's Health Clinic, we're not just focused on taking care of patients; we're also passionate about discovering new and improved ways to treat health issues. Our dedicated providers strive to discover innovative approaches that improve outcomes for our uninsured patients. Through teamwork and analysis, we aim to make meaningful contributions to advancing healthcare for all.



Assistant Medical Director, Rachelle Flinn, PA-C, published a case report on Leprosy in the December 2023 *Journal of the American Academy of Physician Assistants (JAAPA)*.

The People's Health Clinic published our first original article in the July 2023 issue of *Acta Diabetologica*, "Programa de diabetes: improving diabetes care for undocumented immigrants using the Chronic Care Model at a free community clinic."



Latent Tuberculosis Program Manager, Settie Harrison, presented her abstract, "Latent Tuberculosis Infection Prevalence Among At-Risk, Undocumented Immigrants at a Free Community Clinic in Rural Utah" at the 2023 National TB Conference in Atlanta.

# Our Financial Snapshot

The People's Health Clinic is committed to transparency and ethics in all that we do. It is the policy of the People's Health Clinic to conduct its programs according to the highest of standards, based upon best practices and IRS financial requirements. We have received the Gold Standard from the National Association of Free and Charitable Clinics and are proud to have a Charity Navigator "100 Percent Give With Confidence" ratings.



operational excellence.

Charity Navigator

# Our Incredible Donors

#### Dear Supporters and Friends,

The People's Health Clinic owes its success to the philanthropy and collaboration of individual supporters and friends like you, especially as we celebrate our 25th anniversary this year. In 2023, we were fortunate to have over 800 generous community members and organizations unite with us to fund our clinic's mission and programs.

As we mark this significant milestone, we express immense gratitude for the stewardship and support of our local community. Your contributions have been instrumental in ensuring a year of remarkable programmatic growth and progress. The impact of your support is particularly crucial as we address pressing local issues.

In our community, thousands of individuals face barriers to accessing affordable healthcare, and your assistance truly makes a difference in their lives. As the need for individual community members like you to support our free, non-federally funded nonprofit clinic has never been more appreciated, we extend our heartfelt thanks.

Recognizing the growing needs, we are committed to building diversified revenue streams that will sustain our work and operations into the future. Together, we strive towards a vision of a community that eliminates health disparities and inequities.

Thank you for your unwavering commitment to helping us provide and care for the local community. Your support has played a pivotal role in making 2023 a year that elevated our work.

With tremendous gratitude to all of our partners and supporters!

JENN MARLEY Chief Development Officer The People's Health Clinic



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#### GIVE THE GIFT OF HEALTH CARE

- Become a Sponsor
  - Live PC Give PC
- Donate Monthly
- Planned Giving: Trusts, Annuities & Bequests
- Donor Advised Funds & Stock Giving



#### SAVE THE DATE



STEIN ERIKSEN LODGE DEER VALLEY

2024 Walk & Wine for Health Equity on June 23, 2024, at the Stein Eriksen Lodge!

25th Year Gala on December 7th, 2024 at the Pendry Hotel!

 $\operatorname{PENDRY}_{_{\mathsf{PARK}}}$ 

## Celebrating our 25th Anniversary in 2024!

#### Celebrating 25 years of care and compassion at the People's Health Clinic!

As we mark this milestone anniversary, we're filled with gratitude for the incredible support from our community and dedicated volunteers who've made our mission possible. Together, we've provided free healthcare services to those in need, ensuring everyone has access to quality care. Here's to 25 years of making a difference in the lives of our neighbors.

Thank you for being part of our journey.



People's Health Clinic - 1999



People's Health Clinic - Today

### The History of the People's Health Clinic in Park City, Utah

Established in 1999 by a collective of community members, the clinic initially operated from a mobile van. By 2009, through collaboration with Summit County and Intermountain Health Care, the clinic transitioned to a permanent location in Round Valley. Operating five days a week from 8 am to 5 pm, with extended hours until 8 pm on Tuesdays, our services have evolved to meet the ongoing needs of the community.





"It has been a great privilege to work with an amazing group of staff and volunteers at the People's Health Clinic. They have provided the highest quality medical care for 25 years for so many uninsured community members. The support of our community over these years has been exceptional, allowing expansion of services to so many in need. I feel very grateful to live in a community that prioritizes health care as a basic right for all its members."

> John Hanrahan, MD Founder of the People's Health Clinic

> > Q.



*"During my tenure as Executive Director,* the People's Health Clinic moved from a tiny space on Iron Horse Drive to a makeshift space in an old lumber yard and finally to its current location on Round *Valley Drive. Each move allowed services* to expand to meet the healthcare needs of the uninsured workforce that make Park City such an exceptional place for residents and visitors alike. The high quality, *compassionate health care provided by* the staff and volunteers of the Clinic ensures that ALL members of our commu*nity have access to the medical care they* need. I'm proud to have been part of the history of this essential non-profit as well as to support them going forward as they continue to provide critical services."

Nann Worel, Mayor of Park City, Former Executive Director of the People's Health Clinic



CARING FOR OUR COMMUNITY'S UNINSURED

### THE **People's** Health Clinic

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THANK YOU TO OUR DONORS, VOLUNTEERS AND PARTNERS



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