



THE People's  
Health Clinic

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FALL, 2022

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PARK CITY  
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## DONATE TODAY

to be a lifeline for  
thousands of  
uninsured  
neighbors  
in need!

Help us to elevate  
women's health, mental  
health and primary care.

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### ***PHC Elevates Women's Health, Mental Health & Primary Care for #LivePCGivePC***

**2022** Women's health, mental health and primary care. We are providing high-quality health care to thousands of neighbors in need. The need for our nonprofit services continues to increase, with over 13,000 patient encounters a year. Each person cared for helps create a healthier community for all. Your support is vital to their care! Join us today to support our uninsured community members and help resolve health care disparities.

**DONATE NOW for #LivePCGivePC**

### **The People's Health Clinic launches new "Who We Are" Video**

**CLICK on the link below to watch this video** which debuted at our successful 2022 Walk & Wine event this summer



## Mission Focus: Meet 11 Year-Old Sophia

by Jose "Chicho" Santana, MA

Sophia is a sweet, 11-year-old girl from Mexico who actually laughs each time she gets a vaccine. Sophia, her parents, and younger sister are refugees from Mexico who came to Summit County in February, 2022. Since then, Sophia has received the crucial care she needs for her epilepsy, cerebral palsy, hearing loss, and dental health thanks to The People's Health Clinic.

At 3 months old, Sophia was diagnosed with developmental delays in Mexico and with cerebral palsy at age 7. Her parents always struggled to afford the care she needs. Dr. Schiff is Sophia's pediatrician at our clinic and, in collaboration with Primary Children's Hospital and Shriners Children's, he ensures her neurology, audiology, physical medicine, and rehabilitation needs are being met.

Sophia and her family continue to adjust to their new life in Summit County, and they are grateful for the high quality, no cost care they receive at The People's Health Clinic. Patients like Sophia are the core of our mission and work and why our work each day is so important.



*Board Updates:  
Welcome Dr. Mary Carole Brown Harrison to our Board of Trustees! You can read more about Dr. Mary Carole here!* Dr. Mary Carole Harrison is a volunteer Pediatrician both at the People's Health Clinic and with Operation Smile.



*This Month, PHC CEO Dr. Mairi Leining was honored as a Utah Business Healthcare Hero for her leadership at our clinic promoting health equity!*

**Thank you to our donors!**

*"Thank you Playing For Life for the*





*amazing, multi year partnership! It is greatly appreciated!"*

In September, we were thrilled to meet with our longtime friends at the Playing for Life Foundation. Their generosity is tremendous! Playing for Life is an incredible foundation that supports our work to help patients receive breast cancer screening, diagnostic testing, and education about breast health. Thank you PFL, Cynthia and your entire board team!! ☐

*"Thank you Promontory Foundation for the honor of your support!"*

Our clinic is grateful for the generosity of the Promontory Foundation. We were honored to be one of a few select Impact Grants that were awarded locally! We thank Promontory for their stewardship of important causes throughout the Wasatch Back! #healthequity #healthycommunityforall



*"Thank you to our local community for an amazing 2022 Walk & Wine!"*

The People's Health Clinic wants to thank the over 300 community members who joined us at our 2022 Walk & Wine fundraiser. Together, we raised \$275k to support women's health services for our uninsured neighbors. This was a record-breaking event for the most in need in our community!

*Thank you again to 2022 presenting sponsors & Stein Eriksen Lodge, Deer Valley for hosting us: The Lodge at Blue Sky, Berkshire Hathaway Utah Properties, Dr. Tania Bodnar, Dr. Merrill Lewen, Elevation Capital, Intermountain Healthcare, John C. Kish Foundation, Planned Parenthood Association of Utah, Summit Sotheby*

*International Reality and the Sundance Institute. Thank you to supporting sponsors at Park City Community Church, Summit-Wasatch Medical Society, and the Literacy Project.*



## The People's Health Clinic Wins National Awards

The People's Health Clinic is a nationally recognized free clinic! In August, we received the 2022 Organizational Excellence Award from the Association of Clinicians for the Underserved (ACU). This national award recognizes organizations that have implemented innovative and effective strategies to improve health care for underserved populations; and was based on

PHC's holistic approach to reducing health disparities among the uninsured residents of Summit and Wasatch Counties.

In addition, PHC achieved the highest award, the Gold+ status, from the American

Medical Association and American Heart's Association's Target: BP Recognition Program. We were one of 382 clinics recognized out of 1,300+ health care organizations across the United States. PHC also achieved Platinum Distinction from The Utah Million Hearts Excellence in Blood Pressure Measurement and Control. This award, in conjunction with the national Centers for Disease Control Million Hearts® initiative, aims to prevent heart attacks and strokes by improving blood pressure management. PHC was 1 of 7 clinics out of 113+ clinics in Utah who attained the highest award offered by the program. The Million Hearts Coalition and the Utah Department of Health and Human Services asked Tristan Lubina, our Nurse Practitioner, to present his successful Hypertension Program strategy.



## PHC Community Health Worker Bridges the Gap

As a Community Health Worker, I connect our patients to community resources. The People's Health Clinic offers exceptional health care services at no cost including access to medications such as insulin. As part of my responsibility, I help our patients with diabetes obtain these expensive medications. This process starts with a Medicaid consultation during which I serve as the patient representative. Once applications are submitted, it takes between 30-60 days to be reviewed.

From the time the patient leaves the clinic to the time they receive a decision letter, I facilitate the process by making phone calls for patients and checking their status online. The majority of our patients are non-citizens which automatically makes them ineligible for any government services including Medicaid. The goal is to obtain a denial letter stating they are ineligible for Medicaid benefits so we can help them to apply for Patient Assistance Programs to receive free medications.

**JOANA SAUCEDO**

Community Health Worker



## A Note From Our Chief Medical Officer: PHC CMO and CEO Present to the National Conference of Free Clinics on Local Success

On October 22, 2022, we presented at the National Association of Free Clinics on the success that we have had in treating diabetes in our below-poverty-level, uninsured, and uneducated population. Dr. Leining and her diabetes team were able to bring down the average hemoglobin A1C(test of average blood glucose) from 10.7% to 8.0%.

This is a huge feat which decreases people's risk of diabetic complications including kidney disease, nerve damage, and cardiovascular disease.

We continue to build on the foundation that Dr. Leining created with our current diabetes program. We are working toward having all of our patients with type 2 diabetes on either a GLP1 agonist or a SGLT2 inhibitor. These are the best medications on the market with health benefits beyond treatment of diabetes. They prevent heart attacks, strokes, and kidney disease. However, they are extremely expensive. The application process by which we are able to obtain these medications called "Patient Assistance Programs" is not simple. It requires a complicated application process to manufacturers with annual renewal. With the continuing growth of our population, we have had a parallel increase in need for support in applications to patient assistance programs. We have an amazing support staff, Yomira Diaz, who helps us with each of our over 100 patients requiring an application. Currently, we have >60% of our type 2

diabetic patients on either a GLP1 agonist or an SGLT2 inhibitor. Additionally, through the patient assistance programs, we are able to obtain essential insulins for our type 1 diabetic patients. We continue to look for a sustainable source for our continuous glucose monitors and the sensors required to work with them. At this time, we are relying on the intermittent donation of expired products from the Salt Lake Intermountain endocrinology clinic or we pay for them out of the clinic's funds.

Yoon Kim-Butterfield, MD



## Infectious Disease and Screening for TB

by Settie Harrison

Last January, Dr. Mairi Leining and I implemented a tuberculosis screening program for our high-risk community members who are uninsured and live in poverty.

In September we received crucial financial support from Intermountain Healthcare Community Health, which empowered us to provide latent tuberculosis treatment for our highest risk patients. It has been a long time coming for this cohort to begin treatment. With the help of Dr. Ben Zaniello, our volunteer infectious disease specialist, we will continue screen and treat our patients in need. There is still more work to be done, however we have made large strides for equitable healthcare for some of the most marginalized individuals in our community.



**DONATE TODAY**

to be a lifeline for thousands of uninsured neighbors in need!

Help us to elevate women's health, mental health and primary care.



The People's Health Clinic is a registered 501c3 in Park City, Utah. We are proud to have a Charity Navigator "100% Give With Confidence" rating. Tax ID# 87-0638042

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